

Drug Addiction Quiz: 100 Multiple-Choice Questions

1. What is drug addiction?

- A. A temporary mood change
- B. A chronic disease involving compulsive drug use
- C. A personality trait
- D. A type of allergy

2. Which part of the brain is strongly involved in addiction?

- A. Cerebellum
- B. Brainstem
- C. Reward system
- D. Occipital lobe

3. Which neurotransmitter is commonly linked to addiction?

- A. Insulin
- B. Dopamine
- C. Hemoglobin
- D. Melatonin

4. Which of the following is a stimulant drug?

- A. Heroin
- B. Cocaine
- C. Alcohol
- D. Valium

5. Which drug is classified as an opioid?

- A. Nicotine
- B. Methamphetamine
- C. Heroin
- D. LSD

6. What is tolerance in drug addiction?

- A. Avoiding drug use
- B. Needing more of a drug to get the same effect
- C. An allergic reaction
- D. Refusing treatment

7. What are withdrawal symptoms?

- A. Positive mood changes
- B. Symptoms that occur when drug use stops
- C. Increased appetite only
- D. Permanent brain damage

8. Which factor increases the risk of addiction?

- A. Strong social support
- B. Genetics
- C. Balanced nutrition
- D. Exercise

9. Which age group is particularly vulnerable to addiction?

- A. Older adults only
- B. Teenagers and young adults
- C. Infants
- D. Toddlers

10. Which behavior may indicate drug addiction?

- A. Increased honesty
- B. Secretive behavior
- C. Improved attendance
- D. Better concentration

11. What is detoxification?

- A. Learning coping skills
- B. Removing drugs from the body safely
- C. Brain surgery
- D. A type of punishment

12. Which treatment is commonly used for opioid addiction?

- A. Chemotherapy
- B. Methadone therapy
- C. Radiation therapy
- D. Insulin therapy

13. What is relapse?

- A. Permanent recovery
- B. Returning to drug use after stopping
- C. Completing treatment
- D. Avoiding therapy

14. Which mental health condition commonly coexists with addiction?

- A. Depression
- B. Broken bones
- C. Astigmatism
- D. Appendicitis

15. Which drug is known as a hallucinogen?

- A. LSD
- B. Nicotine
- C. Alcohol
- D. Morphine

16. What is peer pressure?

- A. A medical procedure
- B. Influence from others to behave a certain way
- C. A vitamin deficiency
- D. An infection

17. Which organ is heavily damaged by alcohol abuse?

- A. Liver
- B. Skin
- C. Spleen
- D. Thyroid

18. Which of the following is a depressant?

- A. Cocaine
- B. Alcohol
- C. Methamphetamine
- D. Nicotine

19. What is a common sign of overdose?

- A. Improved alertness
- B. Difficulty breathing
- C. Increased appetite
- D. Better memory

20. Naloxone is used to treat overdose from which type of drug?

- A. Opioids
- B. Nicotine
- C. Caffeine
- D. Hallucinogens

21. Which drug is commonly smoked?

- A. Tobacco
- B. Penicillin
- C. Aspirin
- D. Ibuprofen

22. What is substance abuse?

- A. Proper medication use
- B. Harmful or excessive use of substances
- C. Healthy nutrition
- D. Physical exercise

23. Which drug increases alertness and energy?

- A. Stimulants
- B. Depressants
- C. Sedatives
- D. Opioids

24. Which symptom may occur during opioid withdrawal?

- A. Euphoria
- B. Muscle aches
- C. Improved sleep
- D. Weight gain only

25. Which professional helps treat addiction?

- A. Addiction counselor
- B. Mechanic
- C. Architect
- D. Pilot

26. Which is a risk factor for addiction?

- A. Trauma
- B. Reading books
- C. Drinking water
- D. Sleep

27. What is cravings in addiction?

- A. Strong urges to use a substance
- B. Loss of vision
- C. Joint pain
- D. Fever

28. Which method helps prevent addiction?

- A. Education

- B. Isolation
- C. Starvation
- D. Sleep deprivation

29. Which drug is commonly abused as a prescription medication?

- A. Oxycodone
- B. Vitamin C
- C. Calcium
- D. Antibiotics

30. Which health issue may result from intravenous drug use?

- A. HIV infection
- B. Improved immunity
- C. Better circulation
- D. Stronger bones

31. What is rehabilitation in addiction treatment?

- A. A prison sentence
- B. Structured treatment for recovery
- C. Surgery
- D. A blood test

32. Which drug is highly addictive due to nicotine content?

- A. Tobacco
- B. Aspirin
- C. Penicillin
- D. Antacids

33. Which symptom is associated with stimulant use?

- A. Increased heart rate
- B. Slow breathing
- C. Low energy
- D. Coma

34. What is a support group?

- A. A type of surgery
- B. People helping each other through recovery
- C. A medication
- D. A laboratory test

35. Which organization is known for addiction recovery support?

- A. Alcoholics Anonymous
- B. NASA
- C. UNESCO
- D. FBI

36. What is binge drinking?

- A. Drinking large amounts of alcohol in a short time
- B. Drinking water regularly
- C. Avoiding alcohol completely
- D. Drinking tea daily

37. Which drug can cause hallucinations?

- A. LSD
- B. Acetaminophen
- C. Ibuprofen
- D. Antibiotics

38. Which body system is most directly affected by drugs?

- A. Nervous system
- B. Skeletal system
- C. Digestive system only
- D. Reproductive system only

39. Which factor can support recovery?

- A. Stable housing
- B. Isolation

- C. Violence
- D. Sleep deprivation

40. Which drug category includes tranquilizers?

- A. Depressants
- B. Stimulants
- C. Hallucinogens
- D. Steroids

41. What is overdose?

- A. Taking too little medication
- B. Taking a dangerous amount of a substance
- C. Eating too much food
- D. Excessive exercise

42. Which symptom may occur with alcohol withdrawal?

- A. Tremors
- B. Improved memory
- C. Better balance
- D. Enhanced vision

43. Which drug is often linked to the opioid crisis?

- A. Fentanyl
- B. Vitamin D
- C. Insulin
- D. Calcium

44. Which strategy helps prevent relapse?

- A. Avoiding triggers
- B. Ignoring stress
- C. Skipping therapy
- D. Isolation

45. Which symptom may indicate cocaine use?

- A. Dilated pupils
- B. Yellow skin
- C. Hair loss only
- D. Slow reflexes

46. Which type of therapy helps change harmful behaviors?

- A. Cognitive behavioral therapy
- B. Radiation therapy
- C. Massage therapy
- D. Hydrotherapy

47. What is physical dependence?

- A. The body adapting to a drug
- B. Fear of medication
- C. Good physical fitness
- D. Lack of sleep

48. Which substance is legal but addictive?

- A. Alcohol
- B. LSD
- C. Heroin
- D. Cocaine

49. Which is a possible long-term effect of methamphetamine use?

- A. Memory problems
- B. Improved concentration
- C. Stronger teeth
- D. Better sleep

50. Which infection risk increases with needle sharing?

- A. Hepatitis C
- B. Common cold only
- C. Asthma

D. Arthritis

51. What is psychological dependence?

- A. Emotional reliance on a substance
- B. Bone disease
- C. Hearing loss
- D. Skin infection

52. Which environmental factor may contribute to addiction?

- A. Family substance use
- B. Reading skills
- C. Good nutrition
- D. Fresh air

53. Which symptom is common during withdrawal from stimulants?

- A. Fatigue
- B. Increased energy
- C. Euphoria
- D. Hyperactivity

54. What is an intervention?

- A. A planned effort to encourage treatment
- B. A surgery
- C. A punishment
- D. A blood transfusion

55. Which is a possible consequence of addiction?

- A. Relationship problems
- B. Guaranteed success
- C. Perfect health
- D. Increased immunity

56. Which substance is inhaled in some forms of abuse?

- A. Glue
- B. Water
- C. Bread
- D. Juice

57. Which condition can result from chronic alcohol abuse?

- A. Cirrhosis
- B. Improved liver function
- C. Enhanced memory
- D. Stronger muscles

58. Which is a healthy coping strategy during recovery?

- A. Exercise
- B. Drug use
- C. Isolation
- D. Violence

59. Which type of drug slows brain activity?

- A. Depressants
- B. Stimulants
- C. Hallucinogens
- D. Steroids

60. Which is a sign of opioid overdose?

- A. Pinpoint pupils
- B. Increased appetite
- C. Red hair
- D. Sneezing only

61. Which factor may help maintain sobriety?

- A. Counseling
- B. Skipping treatment
- C. Avoiding support
- D. Sleep deprivation

62. Which drug is commonly called "meth" ?

- A. Methamphetamine
- B. Morphine
- C. Marijuana
- D. Mescaline

63. What is the purpose of rehabilitation centers?

- A. Addiction treatment and recovery support
- B. Car repair
- C. Banking
- D. Legal punishment

64. Which drug may impair coordination and judgment?

- A. Alcohol
- B. Vitamins
- C. Water
- D. Fiber supplements

65. Which symptom may occur during nicotine withdrawal?

- A. Irritability
- B. Increased calmness only
- C. Improved focus always
- D. Hair growth

66. Which social factor may contribute to addiction?

- A. Peer influence
- B. Reading books
- C. Gardening
- D. Walking pets

67. Which drug category includes heroin?

- A. Opioids

- B. Stimulants
- C. Hallucinogens
- D. Steroids

68. Which health problem may result from smoking?

- A. Lung disease
- B. Better endurance
- C. Improved lung function
- D. Increased oxygen levels

69. Which is a common trigger for relapse?

- A. Stress
- B. Hydration
- C. Exercise
- D. Healthy eating

70. Which therapy involves group discussion?

- A. Group therapy
- B. Radiation therapy
- C. Chemotherapy
- D. Occupational therapy only

71. Which drug can depress breathing?

- A. Opioids
- B. Caffeine
- C. Nicotine
- D. LSD

72. Which is a protective factor against addiction?

- A. Strong family support
- B. Chronic stress
- C. Isolation
- D. Trauma

73. Which brain function is often impaired by addiction?

- A. Decision-making
- B. Hair growth
- C. Nail growth
- D. Height increase

74. Which substance may cause blackouts?

- A. Alcohol
- B. Water
- C. Juice
- D. Tea

75. Which symptom is common in severe alcohol withdrawal?

- A. Seizures
- B. Improved balance
- C. Better concentration
- D. Weight gain

76. Which medication may help reduce opioid cravings?

- A. Buprenorphine
- B. Antibiotics
- C. Antihistamines
- D. Vitamins

77. Which lifestyle change can support recovery?

- A. Healthy routines
- B. Sleep deprivation
- C. Isolation
- D. Skipping meals

78. Which drug may cause paranoia?

- A. Methamphetamine
- B. Calcium

- C. Vitamin B12
- D. Aspirin

79. Which disease risk is increased by drug addiction?

- A. Heart disease
- B. Improved immunity
- C. Better circulation
- D. Stronger vision

80. Which is a symptom of cannabis intoxication?

- A. Impaired short-term memory
- B. Increased coordination
- C. Sharper reflexes
- D. Improved judgment

81. Which treatment combines medication and counseling?

- A. Medication-assisted treatment
- B. Surgery
- C. Chemotherapy
- D. Isolation therapy

82. Which factor may increase overdose risk?

- A. Mixing drugs
- B. Drinking water
- C. Eating vegetables
- D. Walking daily

83. Which is a common symptom of addiction?

- A. Loss of control over use
- B. Improved concentration always
- C. Increased athletic ability
- D. Better sleep patterns

84. Which drug category includes sedatives?

- A. Depressants
- B. Stimulants
- C. Hallucinogens
- D. Steroids

85. Which symptom may occur during cocaine withdrawal?

- A. Depression
- B. Hyperactivity
- C. Euphoria
- D. Increased energy

86. Which support system can improve recovery outcomes?

- A. Family involvement
- B. Social isolation
- C. Violence
- D. Ignoring treatment

87. Which is a danger of fentanyl?

- A. Extreme potency
- B. Improved memory
- C. Better balance
- D. Increased hydration

88. Which emotional issue may contribute to addiction?

- A. Anxiety
- B. Good self-esteem
- C. Healthy coping skills
- D. Regular exercise

89. Which illegal drug is commonly injected?

- A. Heroin
- B. Caffeine
- C. Vitamin C

D. Antacids

90. Which is an example of polysubstance abuse?

- A. Using multiple drugs together
- B. Drinking water daily
- C. Eating healthy foods
- D. Exercising regularly

91. Which symptom may occur after long-term stimulant abuse?

- A. Anxiety
- B. Stronger immunity
- C. Improved sleep
- D. Better coordination

92. Which type of prevention focuses on education before drug use begins?

- A. Primary prevention
- B. Surgical prevention
- C. Radiation prevention
- D. Emergency prevention

93. Which substance may impair driving ability?

- A. Alcohol
- B. Water
- C. Fruit juice
- D. Milk

94. Which health professional may prescribe addiction medications?

- A. Physician
- B. Electrician
- C. Carpenter
- D. Chef

95. Which issue may result from addiction at work or school?

- A. Poor performance
- B. Perfect attendance
- C. Better productivity
- D. Improved concentration

96. Which coping skill can reduce relapse risk?

- A. Stress management
- B. Ignoring emotions
- C. Sleep deprivation
- D. Isolation

97. Which body organ may be damaged by stimulant abuse?

- A. Heart
- B. Fingernails
- C. Hair only
- D. Teeth only

98. Which type of addiction involves compulsive gambling rather than drugs?

- A. Behavioral addiction
- B. Nutritional addiction
- C. Physical therapy addiction
- D. Exercise recovery

99. Which step is important after completing rehab?

- A. Ongoing support and follow-up care
- B. Ignoring recovery plans
- C. Returning to harmful habits
- D. Avoiding counseling

100. What is the ultimate goal of addiction treatment?

- A. Long-term recovery and improved quality of life
- B. Punishment only

- C. Isolation from society
- D. Avoiding medical care